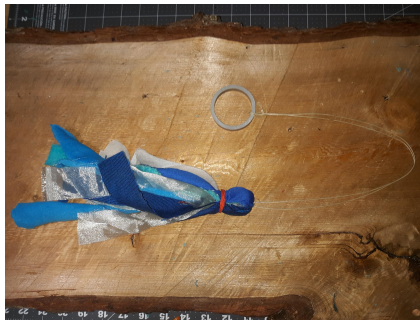


## How to make Fire and Ice Festival twirlers

- 1) Collect materials for each twirler (work great in pairs!):
  - 5-10 strips of cloth for each
  - Piece of string
  - Gray plastic loop or stick
  - Rubber band
- 2) Lay your fabrics across the middle of the piece of string in a bundle
- 3) Tie an overhand knot around the bundle of fabrics  
Fold bundle of fabric over in half
- 4) Put rubber band around the string end of the bundle to hold together, making a "head" for the birdie shape
- 5) Tie the loose ends of the string together and then attach to the



grey ring

Repeat for the second one if you choose.

Now, get out there and twirl yourself silly...

If you are not much into twirling, a fun variation:

### Fire and Ice Flingers!

Same as twirler, except when you tie the bundle, put the string through a sturdy rubber band- then tie.

When finished, just put rubber band over your thumb tip, pull back and let it go (may take a little practice).

Need a little more control? Attach to the end of a stick or hoop with no rope at all. Choose your adventure, and have fun!

