



**Ithaca Children's Garden**

# Muddy Play Space

Mud Day @ Home 2022



Muddy play can be a joyous sensory experience.

At Ithaca Children's Garden we're fortunate to have the Hands-on-Nature Anarchy Zone where mud pits are a usual sight. Bring some of that muddy play home by creating a muddy play space in your yard, or even inside.

This setup is ideal if you don't have much space. Find a shady spot, roughly 4'x4'. A little smaller will work as well.



Items we suggest; look for things you can recycle!

- Shallow plastic storage bin
- Milk crates to elevate bin
- Mud medium
  - potting soil
  - soil from outside
  - sand
- Buckets or bowls
- Muffin tins or bread pans
- Cups and scoops
  - old measuring cups
  - yogurt containers
  - wooden spoons
- Small rocks, twigs, or wood chips





- Prefill buckets or bowls with the “main ingredients”. Soil and water are a must for mud.
- Stock bin with extras. Measuring cups, wooden spoons, or small cups will enhance play.
- Muddy play spaces are ideal spots for depositing pinecones, rocks, flowers, etc. These are easily incorporated into play.
- No need to clean up everytime. Consider a “reset” biweekly, or just let the mud flow!



